

## Welcome to The Ivy

Discover How Our Family Is Looking Out For Yours

## Overview

Our mission at The Ivy Assisted Living Residential Communities is to enhance the quality of life for our residents through genuine care and comfort. We are a family-owned and operated business that takes pride in welcoming our residents into our family.



#### Your Loved One Is Not A Number

The Ivy Assisted Living provides a comfortable and exciting lifestyle for our residents. Our communities are designed to provide opportunities for residents to enjoy a life they choose with the comforts of home through a variety of living options, amenities, assistance, services, dining options, social programs and customized personalized care. Whether you're looking for a community that provides the highest level of care or simply somewhere to call home, we have the perfect place for you.



**Choose Your Preferred Lifestyle** 

### Assisted Living

**Includes Personal Care** 

#### Independent Living

All Amenities Without Personal Care

#### Memory Care

A Unique, Resident-Centered Program

### Trial Stay/ Respite

With All The Amenities

## **About Us**

A 3rd generation family business dedicated to enhance your loved ones quality of life throughout our 9 assisted living residential communities in Massachusetts & Connecticut.





# Our Family Looking Out For Yours

We don't just run our business. We live our business. It's a tradition that goes back to 1966 when our grandfather started a construction company. The family business continues to evolve and spans three generations of hands-on commitment to our residents, their families and our communities.

We may be a little bigger today, but our family philosophy remains the same: Genuine kindness, comfort and care can make a big difference in your family's life.

## Our Residence, Your Home

The Ivy provides apartments that are thoughtfully appointed with the comforts of home.





#### Your Private Apartment

Our residents enjoy the privacy of their own home-like apartments, while having easy access to a variety of amenities and services.

- Custom Window Blinds
- Modern Kitchenette
- · Walk-In Shower
- Spacious Living Room
- · Individual Climate Control
- Cable and Telephone Ready
- · Bathroom with Grab Bars
- Emergency Response System
- · Full-Sized Refrigerator and Freezer

#### Common Areas

You can take full advantage of the friendly, social atmosphere of our many common areas, including:

- Theatre
- Barber
- Courtyard
- Pub
- Sunroom
- Living Room
- Beauty Salon
- Outdoor Porches
- Elegant Dining Rooms
- Inviting Sitting Areas
- Private Dining Room
- Gardening Area
- Community Room
- Private Mailboxes
- · WiFi in selected areas



## Services, Amenities & Programs

The Ivy offers residents a full array of personal care and services with luxury amenities and the comforts of home.

## Personal Care & Beyond

Our staff is dedicated to providing personalized care and support to ensure that our residents are able to live their lives to the fullest. A few of our services include:

- Assistance with ADLs (activities of daily living)
- Customized personal service plan
- Medication management program
- Emergency response system
- 24/7 assistance

Click Here to Read More about our Services and Amenities





### Social Engagement

There is no shortage of programs at our communities. We believe in creating an engaging, stimulating environment that benefits the mind, body and soul of our residents.

Our residents enjoy a wide array of daily programs including bowling, movie nights, shopping outings, bus trips, spa days and live music. And they often gather for conversation and programs in the lively community areas each of our locations offer – pubs, living room, libraries, beauty salons, private dining rooms and sunrooms.

Click Here to Read More about our Social Engagement Programs

## **Memory Care**

If you have reached the point where you feel like you can't fully meet the needs of a loved one struggling with memory impairment, *Reflections* at The Ivy can help.





## Reflections Memory Care Program

All of our assisted living residential communities offer *Reflections*, a specialized memory care program designed to keep your loved one engaged and active in a safe, homelike environment.

The program is designed with **four specific resident-centered focus areas** to specifically address the challenges of living with memory loss and cognitive challenges:

- Life Enrichment
- Personal Care
- Serenity Enrichment
- Multisensory Dining

Click Here to Read More about our Signature Memory Care Program



## Cuisine

Providing our residents a selection of delicious homemade meals, featuring multiple healthy options and resident favorites.

## **Healthy & Delicious**

We pride ourselves on offering homemade meals three times a day. We believe strongly in the importance of maintaining health, quality of life and happiness by providing delicious, wholesome food. Our goal is to make all of our meals from scratch using the freshest ingredients available, including locally sourced seasonal items.

- Full Service Breakfast Or Continental
- · All Meals Dietician Approved
- Meals Served Restaurant Style
- 7 am to 7 pm Anytime Dining
- Daily chef special, along with multiple seasonal dining options for every palate
- Fresh, locally-sourced food when available
- · Low sodium, heart healthy meals
- Diabetic options
- Meet with Chef For Personalized Menu Suggestions
- Guest meals upon request
- Private dining room for guests and special occasions

Click Here to Read More about our Nutrition and Food Information





## What You Can Do Next

You will probably have more questions and/or want to tour one of our communities to see for yourself how well you or your loved one will feel at home at our residences.

Click on one of the options below and you will be directed to the appropriate form on our website.

**Request More Info** 

Schedule a Tour

www.ivyassistedliving.com

Our residents and their families take comfort in the fact that The Ivy is a locally owned family business. Our residents are proud to call The Ivy home with our exceptional staff and the kind of experience that comes only from a family- owned and -operated company that pays attention to the little details.



## Visit Our Communities

#### **Connecticut Locations**

#### The Ivy at Ellington

123 West Road Ellington, CT 06029 **((860) 698-8613** 

#### The Ivy at Watertown

655 Straits Turnpike Watertown, CT 06795 **(860)** 590-3403

#### Massachusetts Locations

#### The Arbors at Amherst

130 University Drive Amherst, MA 01002 (413) 339-3773

#### The Arbors at Chicopee

929 Memorial Drive Chicopee, MA 01020 (d) (413) 206-9979

#### The Arbors at Dracut

21 Broadway Road Dracut, MA 01826 (978) 315-5736

#### The Arbors at Greenfield

15 Meridian Street Greenfield, MA 01301 (413) 339-3665

#### The Arbors at Stoneham

140 Franklin Street Stoneham, MA 02180 (781) 288-8779

#### The Arbors at Taunton

763 County Street Taunton, MA 02780 (508) 217-9379

#### The Arbors at Westfield

40 Court Street Westfield, MA 01085 (413) 203-9445

#### Come See For Yourself

We'll be happy to show you around one of our communities. Simply click the button below to schedule a tour.

Schedule a Tour



